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UNDERSTANDING THE PORTSMOUTH YARDSTICK NUMBER ADJUSTMENT CLUB LIST

Sailing is a sport of skill, strategy, and subtlety. One of the great challenges in club racing is enabling different types of boats to compete fairly against one another. A fast, modern dinghy cannot possibly race on equal terms with a heavy, traditional cruiser. To solve this, the Royal Yachting Association (RYA) developed the Portsmouth Yardstick scheme: a handicap system that assigns a numerical rating to each boat class. A lower number indicates a faster boat; a higher number indicates a slower boat. This allows results to be calculated based on corrected time rather than elapsed time, giving every sailor a fair chance. Over many years, a crucial element of this system has evolved: the Portsmouth Yardstick Number Adjustment Club List. This article explains what the list is, why adjustments are necessary, how clubs use them, and the role of the RYA in maintaining fairness and accuracy.

The core of the system is the RYA Portsmouth Yardstick list, published annually. It contains base numbers for hundreds of boat classes, from the ubiquitous Laser to the high-performance foiling Nacra 17. These numbers are derived from thousands of race results across the country and are reviewed each year. However, a base number is only a starting point. Local conditions, crew competence, sail configurations, and even the state of the water can all influence a boat's real performance. This is where the Portsmouth Yardstick Number Adjustment Club List comes into play. It is a formal mechanism that allows clubs to apply for a permanent or temporary adjustment to a boat's handicap when local data consistently shows that the published number is inaccurate for their specific environment. The RYA manages this list, ensuring that adjustments are justified by evidence and do not introduce unfairness.

WHAT IS THE PORTSMOUTH YARDSTICK NUMBER ADJUSTMENT CLUB LIST?

The Portsmouth Yardstick Number Adjustment Club List is a register kept by the RYA. It records all approved adjustments to the standard Portsmouth Yardstick numbers for boats sailing at specific clubs or under particular conditions. The list is not a secret document; it is published on the RYA website and is available for all sailors and clubs to consult. Its purpose is to provide transparency and consistency. When a club believes that a boat class consistently outperforms or underperforms its published number on their waters, they can submit a request for an adjustment. If the RYA approves the request, the adjusted number becomes the official handicap for that boat at that club. The Adjustment Club List is a living document, updated as new evidence emerges and as boat designs change. It is an essential tool for race officers and sailing secretaries who want to run fair

and competitive racing.

The list includes details such as the name of the club, the date of the adjustment, the boat class, the original Portsmouth number, the adjusted number, and the reason for the adjustment. This level of detail helps other clubs understand the context and decide whether a similar adjustment might be appropriate for their own racing. For example, if a club sailing on a tidal estuary finds that a particular catamaran is three seconds per mile faster than the published number, they can apply for an adjustment. Once approved, that adjusted number appears on the list, serving as a reference point for other clubs with similar conditions. The list thus becomes a shared resource, improving the accuracy of the handicap system for everyone.

WHY ARE ADJUSTMENTS REQUIRED?

The need for adjustments arises from the inherent limitations of any handicapping system. A national average number cannot account for every local variable. Several factors can cause a boat's real performance to diverge from its published Portsmouth Yardstick number:

- **Water topography:** Shallow water, strong currents, or unusual wave patterns can affect boat performance differently. A planing dinghy might be slowed in shallow water, while a displacement hull might be less affected.
- **Wind patterns:** Some venues are known for fluky, shifty winds, while others have steady, directional breezes. Boats with lighter crews might excel in light air, raising their effective handicap.
- **Standard of sailing:** At some clubs, the fleet is exceptionally skilled, meaning that a class might consistently sail to its full potential, outperforming boats with similar handicaps.
- **Boat modifications:** Many sailors modify their boats with different sails, fittings, or rigging. While these modifications must comply with class rules, they can still alter performance. The Adjustment Club List allows for these variances to be recognized.
- **Crew weight and experience:** A boat crewed by two heavy, experienced sailors will perform differently than the same boat sailed by two light beginners. Over time, a club may notice a consistent trend that warrants a change.

The RYA encourages clubs to collect data before requesting an adjustment. A single result is not enough. Typically, the RYA requires a minimum of 20 race results from at least five different races, with the performance of the boat class compared to a stable reference fleet. The data must show a consistent deviation of at least 2% from the published number before an adjustment is considered. This threshold ensures that adjustments are made for genuine systematic differences, not random variation.

HOW THE RYA MANAGES THE ADJUSTMENT PROCESS

The process for obtaining an adjustment is straightforward but rigorous. A club must first gather evidence of the discrepancy. This data is usually collected by the club's sailing secretary or handicap coordinator using a standard analysis spreadsheet provided by the RYA. The club then submits a formal application to the RYA Portsmouth Yardstick team. The application includes the race results, the calculated deviation, and a justification for the adjustment. The RYA reviews the data, checks it for consistency, and if it meets the criteria, approves the adjustment. The new number is added to the Adjustment Club List, and the club is informed. The adjustment then becomes official for that club's racing. The RYA also advises that adjustments should be reviewed periodically. If conditions change or the data no longer supports the adjustment, the club should apply for a revision or removal.

The Adjustment Club List is not an invitation for clubs to change numbers casually. The RYA monitors the list to prevent abuse. If a club applies for an adjustment that seems to benefit one boat class unfairly, the RYA will investigate. The goal is to maintain the integrity of the Portsmouth Yardstick system. The list is therefore a powerful tool for fairness, but it must be used responsibly. The RYA provides guidance documents and training for club handicappers to ensure that the process is applied correctly. Many clubs also use the list proactively, checking before a regatta whether any boats have adjusted numbers from other clubs, to ensure they are applying the correct handicaps.

PRACTICAL IMPLICATIONS FOR CLUB RACING

For the average club sailor, the Adjustment Club List means that their racing is fairer. If you sail a boat that is consistently being beaten by what should be a slower boat, you can investigate whether an adjustment exists. If not, you can work with your club to collect data and apply for one. The list also helps in planning. If you are visiting another club for a regatta, you can check the list to see if your boat's handicap has been adjusted there. This can affect your tactics and expectations. The list is particularly important for clubs with large, diverse fleets. In such clubs, even a small handicap error can lead to inequality over a season. The adjustment list allows the club to fine-tune the system for their unique mix of boats and conditions.

Race officers also benefit. Instead of relying solely on the national list, they have a local resource that reflects the reality of their racecourse. This can reduce the number of protests and complaints about unfair handicaps. It also makes the results more credible, encouraging participation. When sailors believe the system is fair, they are more likely to turn up week after week. The Adjustment Club List thus contributes directly to the health and vitality of club racing. It is a fine-tuning mechanism that turns a good handicap system into a great one.

COMMON MISUNDERSTANDINGS ABOUT THE LIST

Despite its benefits, the Adjustment Club List is often misunderstood. Some sailors think it is a way to "cheat" the system by lowering their own handicap. In reality, the RYA scrutinizes every application, and adjustments can go in either direction. If a boat is consistently faster than its

number suggests, the adjustment will increase the number (making it slower on handicap). If a boat is slower, the adjustment will decrease the number. The list is not a tool for advantage; it is a tool for accuracy. Another misconception is that the list applies nationally. In fact, an adjustment is usually valid only for the club that requested it, unless other clubs specifically adopt it. The list is a reference, not a universal rule. Finally, some clubs think that applying for an adjustment is too complex. In practice, the RYA provides excellent support, and the process is well-documented. Any club with a reasonable number of race results can participate.

HOW TO ACCESS AND USE THE LIST

The RYA publishes the Adjustment Club List on its official website. It is usually available as a PDF or spreadsheet, sorted by boat class and by club. To use it, find your boat class and check whether your club appears. If it does, note the adjusted number. If your club does not appear, but another club with similar conditions does, you can use that as a reference point for your own application. The list is updated whenever a new adjustment is approved, so check back regularly. The RYA also publishes the main Portsmouth Yardstick list annually, usually in February or March. The adjustment list is complementary; together, they provide a complete picture of handicaps in the UK.

THE FUTURE OF THE PORTSMOUTH YARDSTICK SYSTEM

As sailing evolves, so does the Portsmouth Yardstick system. The RYA is considering ways to make the adjustment process even more data-driven. There is discussion about using online platforms to collect race results automatically, reducing the burden on clubs. The Adjustment Club List will likely become more dynamic, with real-time updates and better integration with race management software. However, the core principle will remain: local knowledge and empirical data are essential for accurate handicapping. The list is a testament to the collaborative spirit of the sailing community. Clubs share their findings, and the RYA coordinates the results, all in the service of fair racing.

The increasing popularity of yacht clubs with mixed fleets of dinghies, keelboats, and multihulls will make adjustments more common. The list will grow, and its importance will increase. For sailors, understanding the list and its role is part of being an informed competitor. It empowers them to question handicaps, collect evidence, and contribute to the fairness of their sport. The RYA encourages this engagement. The Adjustment Club List is not just a bureaucratic document; it is a living resource that improves the sport for everyone.

PRACTICAL STEPS FOR A CLUB CONSIDERING AN ADJUSTMENT

If your club is thinking about applying for an adjustment, here is a suggested workflow:

1. **Collect data:** Gather at least 20 races for the boat class in question. Use the RYA analysis template to calculate the average deviation.
2. **Check the list first:** Look at the Adjustment Club List to see if the boat already has an adjustment at a similar club. This can provide a reference.

3. **Stabilize your fleet:** Ensure your scoring system and race management are consistent. The data must come from races that are typical for your venue.
4. **Submit to the RYA:** Use the official application form, attaching your analysis and justification. The RYA will review and respond within a few weeks.
5. **Communicate with sailors:** Inform your members about the application and the rationale. Transparency builds trust.
6. **Review regularly:** If conditions change or the data no longer supports the adjustment, apply for a revision. The list is not set in stone.

By following these steps, any club can use the Adjustment Club List to improve the quality of its racing. The RYA is supportive, and the process is designed to be accessible.

CONCLUSION

The Portsmouth Yardstick Number Adjustment Club List is a vital component of the RYA's handicap system. It allows clubs to calibrate Portsmouth numbers to their local conditions, ensuring fair racing for every boat in every fleet. Without it, the national list would be too blunt an instrument for the diverse venues and conditions found across the UK. The list is a testament to the RYA's commitment to accuracy, transparency, and the inclusive spirit of club sailing. By understanding and using the Adjustment Club List, sailors, race officers, and club officials can all contribute to a better, fairer racing experience. Whether you are a seasoned competitor or a weekend cruiser, the principle is the same: everyone deserves a fair chance on the water. The Adjustment Club List helps deliver that chance, one race at a time.